No Evidence Against Her and She is Discharged...The Wrecked Schooner Coleman...Other State News.

NORPOLE, Va., August 5 .- (Special. ] -- Mrs. James A. Brock, of Berkley, was arraigned before Justice Jones this afternoon at 3:30 charged with murdering her husband. When the case was called there were three or four hundred people in the court room and under the excitement and interest of the moment order was preserved with difficulty. Captain R. C. Marshall represented the Commonwasith and Judge George D. Parker and Mesers. Charles Corston and Herbert Worthington the prisoner. The investiga-Worthington the prisoner. The investiga-tion was thorough: the witnesses, a dozen or more, were subjected to a rigid examination. The prisoner adhered to her former state-ment that her husband had killed himself and from this she could not be shaken. She was the only eye-witness to the tragedy. All other evidence was either circumstantial and related to the affair after the man had been shot.

been shot. There was nothing connecting Mrs. Brock with the shooting except the fact that she with the shooting except the fact that she had purchased a pistol and was learning to shoot. The court was in session until 11 o'clock, when the justice decided that the woman was innocent and she was immediately discharged.

The Merritt Wrecking Company's schoon-the Merritt Wrecking Company's schoon-the work on the

ers Rapidan and Post are at work on the wrecked schooner Walter Coleman, at Cobb's Island. The wreckage will be brought to Norfolk. The vessel will be a total loss. A wreck occurred near Suffolk, on the Seaboard and Ronnoke railroad last night.

Beaucard and Roanoke railroad last night.

Beven cars jumped the track and were
badly damaged. No one was hurt.

The funeral of Mr. William T. Pearson
took place at 5 o'clock this afternoon from
Court-street Baptist church, Uniformed
Rank No. 1, Knights of Pythias, and No. 16
Lodge, Knights of Pythias, attending in a
body.

A Railroad Suit Compremised.

PETERBURG, VA., August 5.—[Special.]—
It was stated in this correspondence some days ago that by agreement of counsel the two suits of Dr. J. C. Merriweather and Dr. T. N. Merriweather, of Tennessee, for \$5,000 each against the Norfolk and Western Railroad Company were to be dismissed. The amount of damages agreed upon by counsel for the plaintiffs to be paid by the railroad company was paid this upon by counsel for the plaintiffs to be paid by the railroad company was paid this moraing. The counsel for the plaintiffs were Messrs. William R. McKenney and Al-exander Hamilton, of Petersburg. I saw Mr. McKenney and asked him to tell me what sum was paid by the railroad company, but he politely declined to do so, but when pressed he said that they were very well sat-isfied. Mr. George S. Bernard represented the railroad company.

the railroad company.

The trouble out of which these suits grew occurred about the middle of June, 1891, on a passenger train on the Norfolk and Western railroad, about two and a half miles from Wakefield station, between conductor Farrar and the Merriweathers. Conductor Farrar telegraphed to Petersburg for the arrest of the two doctors on the arrival of the train here, which was done, and they were subsequently brought before the mayor, who dismissed the warrants on the ground that no offense had been committed in Petersburg. Shortly after their arrests the Merriweathers instituted suits against the resilvand company.

the railroad company.

The congregation of the First Baptist church in this city have granted their pastor. Rev. H. W. Battle, a vacation of six weeks. which he is now spending at Cobb's Island.

Pulaski Courts Fine Fish

Newbern, Va., August 4.—[Special.]—
The circuit court for the county has now been in session ten days and from present outlook will continue till the end of the third

week.

In the case of Thomas' administrator against the Norfolk and Western Railroad Company there was a demurrer to the evidence upon which the jury brought in a verdict in favor of the plaintiff for \$4,000, verdict in favor of the planning for \$\prec{\pi\_000}{\pi\_000}\$, and whother or not this will be allowed to stand is yet to be decided by the Judge, who of course will hear arguments before he renders his decision. Thomas was killed in the yard at Pulaski some years ago while attempting to assist in making a flying

This midsummer term of court is some thing new in Virginia, but this one has been largely attended and much business has been accomplished.

The August term of the county court was

I saw a four-pound bass fresh from Nev river this morning and any number of its superb catish, weighing from a pound to a pound and half. Mud-cats are not good, but these are toothsome beyond compari-

Lynchburg Conference M. E. Charch.

Bedford City, August 5.—Special.]—
The twenty-sixth session of the Lynchburg District Conference of the M. E. Church, South, convened last Tuesday morning in their church at this place and adjourned sine die vesterday afternoon. It was largely attended both by clerical and lay members. The reports from the various charges gave evidence of advancement in all the departments of church work, and the session is generally regarded as having been a very successful one. successful one.

The following lay delegates and alternates

were elected to the next Virginia Annual Conference: Delegates—John P. Pettyjohn, L. C. Arthur, Milton Island and E. S. Moor-L. C. Arthur, Milton Island and E. S. Moor-man. Alternates—A. W. Nowiin, Thomas Whitehead, D. R. Arnold and Thomas S.

The Bedford City Base-Ball team have an engagement on the 10th, 11th and 12th of this month to play at Richmond with the Virginias, the Richmond College and Manohester teams.

Opening the Campaign.

Danvinia, Va., August 5.—[Special.]—J. Brad. Beverly opened the Third party cambaign in this county to-day in a two hours' speech at Franklin Junction. He spoke to an audience of about a hundred and fifty farmers, about a third of whom were Third party men. His speech was a rehash of those he has made in other parts of the Shore he has made in other parts of the State, depicting the imaginary woes of the farmers and daiming that the Third party is the remedy. He came to the county as lecturer of the State Alliance and Alliance men had declared that he would not talk Third party or any other political dectrine, but on the sizes and objects of the Alliance.

The speech denounced the Democrats and epublicans alike, and urged support of the Republicans alike, and urged support of the Third party. After the speech an effort to form a Third party campaign club for some cause failed. Beverly will speak at Whitmel to-morrrow, and will be replied to by Major W. T. Sutherlin, of this city.

Barn Burned. The Crops. FROND COURTHOUSE. August 4.—[Special.]—On Tuesday night last J. T. Jeter's cial.)—On Tuesday night last J. T. Jeter's barn, together with some sixty bushele of wheat, fifteen tons of hay, mowing machine and wheat drill, was destroyed by fire. Loss about \$700. No insurance. The fire was evidently the work of some incendiary. No arrests have been made and it is feared the guilty souundrel will go unwhipped of justice.

Our termers have just commenced threshing wheat. The wheat is good and yield satisfactory. Corn is looking well and with one or two more rains the crop will be a

It is said there is to be a change in post-masters at this place. The new appoint-ment has been made, but the old postmaster atill holds the fort. Trading in postage-stamps is said to be the cause of removal.

Miss Emma Smootz, of Shepherdstown, W. Va., sister of Harry F. Smootz, who is under sentence of death for the murder of Miss Susie Favrell, died last week.

Jacob Amio), of Hampshire county, W. Va. who was one hundred years old last February, says he always voted the Democratic ticket, and hopes to live to vote for Gleveland in November.

The annual meeting of the Albemarle Sunday-School Convention will be held at 6tate Hill on next Friday and Saturday. On Sunday, the 14th, a mass-meeting will be held, at which a number of addresses will be delivered.

The fitsuaton Dally News says: "A fitsun-ton merchant; who is also a farmer, and

who has made inquiries from farmers living in every part of the county, estimated that the yield of what per acre this year will average in Augusta nearly one-fourth more than the yield of last year. And besides being large in quantity the quality of this year's crop is uncommonly good. The merichant referred to says he has never seen wheat of better quality. It is so heavy that twhen sold a crop usually amounts to more they weight than when measured uncleaned but the machine." nat the machine.

Will Appoint Teachers.

school committee of the Me-The school committee of the Meichanics' Institute will meet at the
institute Menday night at 8:80 o'clock
for the purpose of appointing teachers for the ensuing session. Major
Burgwyn is preparing the curriculum for
the year, and it is supposed that it will not
necessitate their going outside of the old
corps of instructors.

corps of instructors. The applications from students are al The applications from students are already rapidly pouring in and except that the institute is seriously handicapped for room the prospects for another session are extremely bright. The school committee recently appointed by the president is composed of it. M. Starke (chairman). Charles E. Wingo, Joseph W. Laube, T. F. Jeffries and John T. Channel. and John T. Chappel.

Young Lady Injured. There was a large crowd at the Forest Hill Park last night, and the pushing and jam both ways on the cars was, as usual, something dreadful. In the rush made for a car returning to Richmond a young lady was quite severely bruised. She was taken to Richmond by friends, not being seriously injured.

Kansas Third Party Organ Suspends. Wichita, Kan., August 5.—The Champion, the only daily organ of the Third party in Kansas, suspended yesterday.

HIS LOVE LETTER

It Was from His Best Girl and He Let Them Bead It.

He hurried up to the office when he en-tered the hotel, and without waiting to register inquired eagerly, "Any letter for me?" The clerk sorted over a package with the attention that comes of practice, then threw-one-a very small one-on the counter.

The traveling man took it with a curious smile that twisted his pleasant looking face into a mask of joyini expectancy.

He smiled move as he rend it. Them, ob-livious of other pravelers who jostled him, he laid it tenderly against his lips and actually kissed it.

A loud guffaw startled him. "Now look here, old fellow," said a voice, "that won't do, you know. Too spooney for anything. Confess now, your wife did not write that

"No, she didn't," said the traveling man, with an amazed look, as if he would like to change the subject. "That letter is from my best girl."

This admission was so unexpected that the trio of friends who had caught him said no more until they had eaten a good dinner and were seated in a chum's room. Then they begans to padger him. "It's no use, you've got to read it to us, Dick," said "Weswantsto know all about one of them. your best girl."

"So you shall?" said Dick, with great coolness. "I will give you the letter and you can read it yourselves; there it is," and he laid it on the table.

"I guess not," said the one who had been the londest in demonstring it, "We like to chaff a little, but I hope that we are gentlemen. The lady would hardly care to have her letter read by this crowd." "But I insist on it!" was the answer. "There's nothing to be ashamed of, except the spelling. That's a little shaky, I'll admit, but she won't care in the least. Read it, Hardy, and judge for yourself."

Thus urged, Hardy took up the letter, shamefully enough, and read it. There were only a few words. First he laughed, then swallowed suspiciously, and as he finished it threw it on the table again and rubbed his hand across his eyes. "Pshaw!" he said, "if I had a love letter like that"-

"Fair play." cried one of the others, with an uneasy laugh.

"I'll read it to you, boys," said their friend, seeing they made no move to take it. And this was what he read:

Mi owen deer Pa-Pa, I sa mi Picairs every nite and wen I kis yure Piotshure I Ask god to bless you good Bi.Pa Pa yure test gurl.

For a moment or two you would have said the whole company had hay fever .-New York Recorder.

One Chap and Two Chapters.

CHAPTER L. Mamma-Daughter, weren't you sitting out on the piazza last evening with Harry

Softley for three hours? Daughter-I was out there with him. mamma, but I didn't think it veas so long as that.

Mamma-Of course you didn't; but 1 don't want it to occur again. Daughter-It shan't, mamma.

CRAPTER II. Harry-Didn't your mother secold you for being out so long with me last night,

Daughter-Yes, she did, and I told her it shouldn't occur again. Harry-Oh, darling, are you going to

treat me so?

Daughter-Of course not, sifty. Mamma was talking about last night. How could I sit on the plazza for "three hours last night" again? Tonight ain't last night, Harry. Harry-Oh, you lovely thing!

Both-Ool oo!-Detroit Free Press.

Found at Last. Mrs. Means (over the morning paper)-

What a hideous damed They have arrested an Indian out in Idaho named Kee-waygooster-kum-kan-kan-je-wock for-Mr. Means (in great excitement) Never mind what he was arrested for! I want

that name. Give me the paper! "Why, what's the matter, Jared?"
"That name, Susan! That name?"

"What of it?" "It's exactly what I want for that new sixteen story block I'm building on Dear-

born streets -- Chicago Tribune. Some Delay.

Mrs. Bingo-Here are some samples of clotus for my husband's new suit. I like this, don't you? Mrs. Kingley-I don't know but I do.

When is he to get the suit?

Mrs. Bingo-He doesn't know yet. We are waiting to see just what I will need this summer.-New York Herald.

At Far Bar Harbor.

"What's Miss Thackeray looking so vexed about?"

"Why she became engaged in the dark last night and found out this morning that she had duplicated. He was No. 3 of her former series."-Chicago News-Record.

Miss Thin-Don't you think my new dress is just exquisite? They all say so. Fanny-Oh, lovely! I think that dressmaker of yours could make a clothes pole look quite graceful.-Brooklyn Engle.

Spoke Before He Thought. Enthusiastic Party-Her face is the picture of amiability.
Absentminded Party-Who painted it? Harper's Bazer.

"The postman came today," she cried; "alas!
what can the matter be?
They said they'd send it care, and yet he left
as bothing suit-forme."

THE PEOPLE'S PARTY

ORGANIZING IN NORTH CAROLINA

Primaries and Conventions, But Very Little Interest Manifested - Arrangements for the Raleigh Centennial.

RALEIGH, N. C., August 5 .- [Special.]-Third party primaries have been held in various parts of this State to-day, and tomorrow a number of county conventions will be held. Reports which have come in so far indicate that the meetings are being very sparsely attended, in many instances not more than four or five being present, and not enough from which to make up a list of delegates.

The committee in charge of the proposed Raleigh centennial held an important meet-Raleigh centennial heid an important meeting to day and completed to a large extent arrangements for the occasion. A committee was appointed to wait on the mayor and board of aldermen and request an appropriation of \$2,000 on the part of the city.

Captain W. C. Stronach, of this city, has been designated by Hon. B. H. Bunn, nominee for Congress, as chairman of the Democratic executive committee of this district.

The Raleigh chamber of commerce has The Raleigh chamber of commerce has elected Mr. Charles E. Johnson president of the chamber for the ensuing year to succeed C. G. Latta.

Third Party Annex to Radicaltsm.

Winston, N. C., August 5.—[Special]— The Republicans of North Carolina will hold a convention and put a State ticket in the field. The Union Republican of this city, the leading journal of that political faith in the State, comes out this week with a card from Chairman Eaves calling a convention to be held in Raleigh on September 7th. The Republicans favor the idea of putting out a tleket. In a long editorial it

Says:

"The People's party hold their State Convention on the 18th instant, and if such nominations are made as to leave it possible for the Republicans to indorse a part or all of the ticket put out the days of Bourbon bossism would indeed be numbered in North Carolina. But if a different policy be pursued, and there are three candidates for Covernor in the field, would not the Governor in the field, would not the chances of the Republican candidate be the best? while in the counties and the districts the help from thorough organization would add increased strength."

The August crop report is being summarized by the State department of agriculture. The figures show a considerable falling off as to the cotton crop in many cases. The percentage of damages where reported ranges from fifteen to fifty. Tobacco is reported as somewhat damaged,

J. O. Magauder, of Charlottesville, Va. has been elected city civil engineer of The taxable property as listed in Salem

The taxable property as latest in Salah precinct for 1892 aggregates \$1.501.643.

Albert Johnson (colored) fell in a well here this morning and sustained fatal injuries. The rope broke and the windlass also fell in on top of his hend, breaking the skull in several places. He is still alive, but no hope is entertained for his recovery.

Found Dead-Weldon Notes,

WELDON, N. C., August 5,-[Special.]-An unknown white man, fifty years of age. was found dead a few days ago by the side of the Norfolk and Carolina railroad track of the Norfolk and Carolina railroad track near where it crosses Roanoke river, two miles from the village of Kelford, in Bertia county. He was dressed very neatly, but had no papers on his person by which he could be identified. There were no valuables in the pockets of his clothing. The cause of his death is not known, as his body here marks of violence. no marks of violence.

The Greenville military company, which was disbanded some months ago by the in-

was disbanded some months ago by the inspector-general for failure to comply with regulations, has been reorganized.

Professor Collier Cobb has been elected to the chair of geology and mineralogy at the University by the board of trustees. He has been for three years a professor at Harvard University. He is a native of North Carolina, son of the Rev. W. B. Cobb, and author of a popular and excellent school map of the State. By his own labor he noid all his expenses while a student at aid all his expenses while a student at Harvard.

Mrs. R. B. Robins, a resident of Bruns-wick county, was found dead in bed yester-day morning at her home in Summerville. She was fifty-two years of age. Heart disease is supposed to have been the cause of

Eucouraging for Democracy.

Oxford, N. C. August 5.—[Special.]— The People's party convention convened here. The attendance was not large. There were negroes and Republicans among the delagates. A. J. Dalby, chairman of the county executive committee, called the convention to order. Prayer was offered by Hev. Thales Turner. J. A. Waller was chosen temporary chairman and R. A. Gill temporary secretary. The temporary organization was made permanent. Delegates to the State Convention were next elected. The following county ticket was nominated: W. S. Cozart, sheriff; A. S. Peace, treasurer; W. P. Lyon, register of deeds; J. A. Bullock, surveyor; Benton, coroner, For Legislature, N. H. Fleming coroner. For I and R. H. Gill.

A want of enthusiasm characterized the meeting. The showing made here to-day is very encouraging for the Democrats.

He May be Lynched. Mount Atry, N. C., August 5, - (Special.) -Leonidus McKnight, who is charged with having attempted to murder the wire of the sheriff of Surry county, N. C., in September, 1891, has been arrested. It is said that the grandson of the sheriff was his a plice. Large rewards have been offered for McKnight's arrest and he has been chased through ten States. He has confessed the

erime and great excitement prevails.

are grave fears that he will be lynched. Confederate Veteran Reunion. Wedden, N. C., August 4.—[Special.]— The annual reunion of the Confederate veterans was held to-day in the court-house. One hundred and seventy-two old soldiers answered to their names. At I o'clock they were invited to dinner, which was well enjoyed by the old soldiers and others.

Dragooning Won't Dot

Not with the liver. Violent cholagogues, like calomel and blue pill, administered in "heroic" or excessive doses, as they often are, will not permanently restore the activity of the great hepatic organ, and are productive of much mischief to the system generally. Institute a healthy reform, if inactivity of the liver exists, with Hostotter's Stomach Ettlers, which insures a regular discharge of the secretive function of the liver, and promotes due action of the bowels without griving or weakening them. The discomfort and tenderness in the right side, nausea, fur upon the tongue, yellowness of the situs and ereballs, soungess of the breath and sick headache, which classacterize chronic billousness, disappear, and digestion—always interfered with by billousness—resumes its former activity. The Bitters annihilates malarial complaints, rheumatism, kidney trouble, and is a promotor of healthful repose.

REDUCED BATES.

Knights of Pythias, Uniform Rank, Supreme Grand Lodge and Blennial Encampment, Kansas City, Mo.

For above occasion the Richmond and Danville railroad will sell tickets to Kansas City and return from important coupon stations at one first-class fare for the round-

Tickets on sale August 18th to 20th inclusive, limited returning September 15th, 1892.

C, and O, to Norfelk.

The three trains of the Chesapeake and Ohio to Old Point and Norfolk afford convenient opportunity for those who wish a short outing from the city. The Vestibule Limited, leaving Richmond every day at 3 Limited, leaving Richmond every day at a A. M., makes only one stop and connects at Norfolk for Virginia Beach and Ocean View. The Atlantic Express, leaving every day at 6 A. M., is especially convenient for fishermen and others who wish to spend the entire day on the Peninsula or Norfolk.

The Business Men's Train, leaving at 3 P. M., connects at Norfolk for Virginia Beach and Ocean View. Three trains from Norfolk daily via Chesapeake and Ohio Children Cree for Pitcher's Castoria

A QUESTION OF TITLES.

Several Ways of Solving It-The American Law of Courtesy to Age. There is a great confusion in America as to titles, concerning which Mrs. John Sherwood writes as follows in Harper's

For instance, Mrs. Clarence Manners. Jr., writes to ask if she is Mrs. Clarence Manners, Jr. Her father-in-law, Mr. Clarence Manners, Sr., is dead, but her motherin-law is alive, and she persists in writing her name "Mrs. Clarence Manners."

Now in point of law Mrs. Clarence Manners, Sr., has no right to do this. In England she would be Mrs. Mary Manners, and if a noble lady, Dowager Lady Manners. Hospever, she has custom on her side. She is Mrs. Clarence Manners by courtesy. She is still the important widow, as showas the honored wife, and therefore she is not "old Mrs. Clarence Manners," but "Mrs. Clarence Manners," and her dangitter-in-law is Mrs. Clarence Manners, Jr., aithough this in its way is an absurdity if her husband is not junior any longer. Therefore it is a very difficult nut to crack. If Mrs. Clarence Manners has no sisters in law she had better call herself "Mrs. Manners," but if there is a Mrs. Henry Manners and a Mrs. John Manners, all being in the same set, she

cannot well do that. The most easy road out of the difficulty would seem to be that the mother-in-law should retire gracefully and write Mrs. Mary Manners on her card. But if she is unwilling to do this, the younger woman must make way for the elder. It is the American law, in a country where age and the clergy are the only things entitled to reverence. The French get around this, as they do everything, easily, by appending the word "mere." "Mrs. Clarence Manners, pere," would soive the whole difficulty.

KITCHEN EXPERIENCE.

Why Household Cloths Vanish Fast-Culi-

nary Emergencies Anticipated. A young housekeeper is often puzzled by the frequent necessity for new dusters, glass cloths, etc. If she were to inquire closely into this she would probably find that the dusters or cloths were often thrown away as rags long before they had reached that condition, having been used for purposes for which they were unsuited.

Experienced housekeepers have learned to keep each household cloth solely for the use for which it was intended, but careless servants will take the one that comes first to hand in any emergency, and the duster is sometimes used indiscriminately to wipe knives, flatirons, etc., or to supply the place of a scouring flannel or even as a kettle or iron holder. Kitchen cloths are maltreated in the same way, being frequently scorched or burned into holes by being used in lifting a hot baking tin from the oven. Glass and china cloths last much longer if they are spread out to dry after being used than when they are carelessly thrown while damp into a heap, as is often done when they are put aside to be washed, or thrown hastily over the back of a chair.

The mistress of a household will save herself much trouble and not a little worry If she keeps a small store of the articles most needed in a household ready for use when wanted, such as an extra scouring flannel, disheloth, wash leather, scrubbing brush. When these are lacking, as the work has to be done, some other article will be taken as a substitute, although it is certain that the thing thus taken will be rendered undit for further use.

Every housekeeper has gone through the experience of the unexpected guest who drops in to luncheon or dinner, on a day when the quantity provided for the meal is only just sufficient for the family. The visitor may be a dear friend, but it is difficuit to give a really cordial welcome; the hostess feels the shortcomings of her table too keenly. In view of such an accident, a tin of soup (oxtal) or mock turtle is the best), a box of sardines, a tin of apricots or other fruit, one of condensed milk, are useful things to have in reserve; with their aid additions can be very quickly made to

the meal.

Ornamental and Useful Bags. The very decorative bag shown in the cut is intended for a workbag to be carried on the arm when required.

It is in pale peacock blue silk and cord to match, intermixed with gold. The firm base and triangular tabs are of dark peacock blue plush, enhanced with ivy leaves in applique and bullion work.



DECORATIVE WORKBAG. Useful and pretty bags for fancy work or "catch alis" can be made of sateen or cretonne, with a fall of antique lace below the drawstring and two inside pockets. A convenient size for these bags is 16 inches

wide by 13 deep. Suitable bags for soiled linen are of coarse linen with a deep hem at the top, reaching almost to the drawstring, and the whole dotted over with embroidered stars or detached daisies of good size. The outline of the flower is of one color and the filling to (which is merely herringboning from side to side of the petal) is of another

Receipts for Using Cherries.

Cherry soup: Brown some flour in butter, attr in water to thin it, put in some black cherries with a few cloves, let them boll to a mash, estrain and add a little sugar, with equal ports of white wine and water. A pound of chermes to a quart of liquid will prove sufficient. After straining, break ome of the stones and put the kernels into the soup; add also a few whole cherries toward the last and simmer again, only long enough till the latter are softened. Place a few delicate sippets of toasted roll in a tureen and pour over the soup.

Cherry compete: This is usually served in small glass dishes or saucers, with sponge cake or dessert biscuits (handed). Take the stones and stalks from a soup plate full of large red acid cherries, add a few red currants. Boil together till soft in a pint of water, half a pint of white wine, with about six ounces of sugar. Strain, sprinkle with a little lemon juice and white sugar before serving and put in a cool place, or ice if desired.

Cherry water, a summer drink: Pulp one pound of ripe red cherries in a mortar; turn the mass into a basin, add one pint of clarified sirup, the juice of three lem-ons and a sufficient quantity of water. Pass is through a sieve, ice and it will be ready for use.

Doing His Best.

Two small Quaker children were put to bed early the other night, and their mother hearing a marmur of voices from the sleeping room stole up stairs to see what was on foot. As she paused outside the door she heard one say to the other earnestly: "John, can thee swear?"

The reply was regretful: "Not good, William, but (hopefully) I am learning, "-New York Recorder.



ABSOLUTELY PURE

INSOMNIA.

Errors in Diet Which Cause Indigestion and Result in Loss of Sleep. As is well known, any disturbance of the digestive organs affects the amount of refreshment which sleep ought to afford. The Boston Medical Journal notes as fol-

lows some causes which ultimately pro-

duce insomnia through indigestion:

First, errors are made as to the quantity of food taken. An excess causes ar embarassment to the digestive organs; decomposition and flatulence set in under unmolested microbic rule. Putrid and more or less toxic gases and ptomaines are generated, and a bilious condition supervenes. That insomnia should attend such a state of things is not surprising. The remedy for this is to reduce the daily rations to the physiological standard. The necessity of eating slowly and deliberately is apparent, as rapid eaters are more than like ly to overent. Second, poor food may engender insomnia by inducing anemia or starvation of the vital organs. It cannot be too much insisted upon that the daily

fare contain an adequate mixture of albu-

men, fats and carbohydrates. Indigestible food produces essentially the same evils as excessive amounts of food Under this head may be ranked improper ly cooked food, unripe fruit, pastries, bot bread, fried pork, confectionery. Foods which alone are digestible may become fudigestible if too many kinds are eaten at a meal. The idiosyncractes of the individual must be respected and articles found indigestible avoided. Much depends upon muscular work done. Thus haymakers on the salt marshes need food hard of diges tion, so as to yield up force during many hours; food such as baked beans and pork. boiled beef and cabbage and mince pie These people sleep well in spite of their hearty fare. The rich diet upsets the brain workers, the persons of sedentary habits.

Sunlight and Health.

Houses in places otherwise unexceptionable are often so closely overhung with trees as to be in a state of humidity, owing to the prevention of a free circulation of air and a free admission of the sun's rays. Trees growing against the walls of houses and shrubs in confined places near dwellings are injurious also as favoring humidity. At the proper distance, on the other hand, trees are favorable to health. On this principle, according to Hall's Journal of Health, it may be understood how the inhabitants of one house suffer from various ille as the consequence of living in a confined, bumid atmosphere, while their nearest neighbors, whose houses are otherwise situated, enjoy good health; and even how one side of a large building fully exposed to the sun and a free circulation of air may be healthy, while the other side, overlooking shaded courts or gardens, is

Punctuality in the Sickroom. Punctuality in giving medicine and meals is of the utmost importance. A serious relapse may be caused by the food being delayed. Should there be any hitch in its preparation, do not let the patient be kept waiting, but substitute some other food, and above all never take up anything of which there is any doubt as to its freshness. Taste outside the room everything before offering it. No pains should be spared in serving food up in pretty guise-clean table napkins, garnishing of parsley, lemon or beetroot, an extra rub to the glass or silver; anything, in short, may be pressed into service to set off the appearance of what is not attractive to the

Street Etiquette. The Chicago Mail gives the following concise advice about behavior on the street It is decidedly ill bred to eat anything,

even confectionery, in the street. No woman, unless in feeble health, should cling to a man's arm during a daylight stroll.

Do not discuss politics, religion or love affairs in a public conveyance. Personal matters should never be introduced at a chance meeting if the third party is not conversant with the facts.

No lady will accept a seat vacated by a gentleman for her convenience without giving in return a smile, a bow or thanks. It is optional with a lady to recognize at the second meeting a gentleman who has upon a previous occasion rendered her a

Never swing your arms when walking nnless quite outside the town. If free from observation this will be found an excellent means to help locomotion. Bandying words with an employee of a

company is mere waste of time. Should he be insolent or unreasonable take his number and complain to those in authority Street flirtations are in this enlightened age regarded as the height of vulgarity One breach of good taste in this direction

CHEAP EXCURSION RATES,

is enough to destroy your claims to good

breeding.

81.50, Richmond to Norfolk and Return via Petersburg and Norfolk and Western railroad. Tickets on sale Saturday. August 6th for the 2.58 P. M. and 5.45 P. M. trains. good to return until Tuesday, August 9,

For full information apply to R. W. Courtney, passenger agent, 836 east Main street. Washington and Lee University.

We call attention to the advertisement in university Lexington, Va. The Academic Departments as well as the professional schools of Law and Engineering open September 8th. DEATHS.

FORD.—Died, at the residence of her parents, 128 north Second street, FLORENCE BELLE, infant daughter of J. F. and Mary E. Ford; aged eleven months and ten days.
Will be buried from the residence TO-DAY
at 11 ofclock. Friends and acquaintances invited to attend.

DIACONT.—Died. August 4th. at the residence of her mother, Mrs. Willie Diacont. No. 820 Twenty-third street, LENA DIACONT; aged thirteen months and one day. WADE. Died. at 9:30 A. M. Friday, August 5th, at the Retreat for the Sick, Mrs. VIRGINIA E. WADE, in her seventy-third

The remains will be carried to Charlottes-

ille for interment. Charlottesville papers please copy-RANGE OF THE THERMOMETER. Range of the thermometer at The Trans office yesterday, August 4, 1892; 9 A. M., 84; 12 M., 85; 3 P. M., 87; 6 P. M., 88; 9 P. M., 80; midnight, 80. Average, 84.

WEATHER FORECAST. For Virginia and North Carolina: Fair, except showers on the North Carolina coasts annihwant winds becoming variable. MARINE INTELLIGENCE.

MINIATURE ALMANAC, AUGUST 8, 1892. 

PORT OF RICHMOND, AUGUST 5, 1892.

HIGH TIDE.

ARRIVED. Schooner John R. Tell, Johnson, Washington, ice, Richmond Ice Company; schooner Helen Montague, Adams, Kenebec ice, Home Ice Company; schooner John Shay, Tilton, Baltimore, coal, W. H. Curtis, agent.

WEST POINT, ADDUST 5, 1892.

ARBIVED.

Steamship Baltimore, Bennett, Baltimore, passengers and general cargo; schooner Henry Parker, New York, sait. BAILED.

Steamship Baltimore, Baltimore, passengers and general cargo. LAMBERT'S POINT, AUGUST 5, 1892.

COALED. Steamship Romsdal, Pensacola, Dordrecht. ARRIVED AND LOADED. Schooner Mary E. Morse, Coxeshead, Maige.

SUNDAY CHURCH NOTICES. HALL at 11 A. M. by the pastor, Rev. J. Y. LATHAM; also at 5 P. M. by Rev. R. N. SERID, D. D.

Franklin street, Rev. J. Willer Bisson, D. D. testor.—Presching at H.A. M. and 8:15 P. M. by the pastor.

CHURCH (corner Broad and Tenth streets), Rev. W. V. Tunon, D. D., pastor.—Services as follows: Sunday school 9:30 A. M. Preaching at 11 A. M. and 8:15 F. M. Subject at night, "Religion and Society." Epworth League at 7:15 F. M.: Wednesday evening at 8:15. Class moeting Thursday evening at 8:15. Strangers respectfully invited to attend all these services.

\*\*\*CENTENARY M. E. CHURCH (Grace between Fourth and Fifth streets), Rev. Ro. N. SLEDD, D. D., pastor.—Preaching at 11 A. M. by the pastor. Preaching at 8:15 F. M. by Rev. R. H. BENNETT, of Washington street church. Seats free. A cordial welcome to strangers and others.

EFILAUREL-STREET METHODIST EPISCOPAL CHURCH, Rev. W. E. Judkina, D. D., pastor.—Freaching at 11 A. M. and 8 P. M. by the pastor. Sunday school at 9 A. M. Lecture and prayer-meeting Wednesday evening. Young people's meeting Friday night. to CFUNION-STATION METHODIST EPISCOPAL CHURCH (corner Twenty-fourth and Netrects)—Rev. George H. Rat. Pastor.— Sunday-morning class at 90 clock. Preaching at 11 A. M., and 8 P. M. Wednesday-night services at 7:45 o'clock. Young Man's prayer-moeting Thursday night at 7:45 o'clock. ts

CHURCH (Cary and Washington streets), Rev. R. H. Bensert, pastor.—Freaching to-morrow at 11 A. M. by the pastor. At 8:15 P. M. Rev. R. N. Sleed, D. D., will preach the an-nual sermon before the Woman's Missionary Spects.

tw FIRST PRESBYTERIAN CHURCH, Rev. R. P. Kern, D. D., pastor, Preaching at 11 A. M. by Bev. W. Camperte, D. D. No services at night.

\*\*SECOND PRESBYTERIAN CHURCH. -Services at 11 celear A. M. by Dr. Hess-Man, of the Union Theological Seminary of Virginia. CF THIRD PRESBYTERIAN CHURCH. Rev. J. P. Gammon, pastor.—Morning service at 11 o'clock. Evening service at 8 o'clock.

CHURCH, Rev. James Y. Fair, D. D., pastor.—Services at 11 o'clock A. M. and 8:15 o'clock P. M. Freaching by the pastor. Sunday-school services at 9:39 o'clock A. M. and Wednesday night services at 8:15 o'clock. CHURCH OF THE COVENANT-Pas-

tor, Rev J. Calvin Stewart.—Divine service on Sabbath at 11 A. M. and 8:15 P. M. No Wednesday-night lecture till further notice. Sabbath school at 9:80 A. M.

IMMANUEL CHAPEL-Services each Friday night at 8 o'clock. Preaching by Rev. J. Cal-VIN STEWART. tw PINE-STBEET BAPTIST CHURCH (corner Pine and Albemarle streets), Rev. J. B. Hurson, pater.—Preaching Bunday at 11 A. M. and S. P. M. by the paster. Bunday-school at 9 A. M. Prayer-meeting Wednesday night. So'clock. Young people's meeting Friday night, So'clock.

tw LEIGH-STREET BAPTIST CHUNCH. (corner of Twenty-fifth and Leigh streets). Rev. W. L. WRIGHY, DASTOT.—Preaching on Simulary at II A. M. and 8:15 P. M. by Rev. J. D. Harr. Sunday-school at 9:15 A. M. Prayer meeting Wednesday night at 8:15. All welcomes

tw FIRST BAPTIST CHURCH (corner Twelfth and Broad streets —Preaching as II A. M. by Rev. J. B. Hawthonse, D. D., of At-lants. No service at night. Rev. J. C. Hiden, D. D., pastor.—Preaching at it A. M. and at 8:15 P. M. by the pastor. All

(corner Clay and Graham streets)—Rev. S. C. CLOPTON, pastor.—Sunday-school at 9 A. M.; worship at 11 A. M. and 8:15 P. M.; prayer-meeting Wednesday at 8:15 P. M.; young men's meeting Friday at 8:15 P. M. FOURTH-STREET BAPTIST CHURCH, Rev. H. F. WILLIAMS, Pastor.—Preaching at II A. M. and S. P. M. Sunday school at 9:15 A. M.

CLAY-STREET BAPTIST CHURCH

MONUMENTAL CHURCH, Rev. JOHN B. Newron, rector.—Service and sermon at 11 A. M. and 6 P. M. Sunday school at 9:30 A. M. Welcome to all.

to A.I.L. SAINTS P. E. CHURCH (Madison near Grace), Rev. J. Y. Downman, roctor—Services at 11 A. M. and 6:30 P. M. Sunday school at 9:30 A. M. MO ORE MEMORIAL PROTESTANT EPISCOPAL CHURCH (Laurel street opposite the Park).—Services at 11:15 A. M. and 5 P. M. Sunday school at 9:30 A. M. All who come are welcome and seats furnished them.

TWST. MARK'S EPISCOPAL CHURCH (corner Clay and First streets). Rev. T. G. Dassiell, D. D. rector.—Divine services at 11 A. M. and 8 P. M. by the rector and Hev. Grorge C. Abbit.

CHURCH (Broad street, corner Twenty-fifth)—Rev. Lewis W. Busros, rector: Rev. C. H. Kuys, assistant.—Sunday services at St. John's and at Weddell Memorial chapel Den-ny street. Fulton, at 11 A. M. and 8 P. M. A cordial invitation and welcome for all.

13 WEST-END EPISCOPAL MISSION (corner of Main and Lombardy streets).—Sunday-school at 4 P. M. Services and sermon at 5. P. M. and Thursday at 8:15 P. M. Welcome to all. CHURCH (corner Broad and Twenticla streets), Rev. P. A. PWERROD, pastor.—Freeching at 11 A. M. and at 8:15 P. M. by the pastor. Wednesday night services at 8:15. Sunday-school at 9:15 A. M. A cordial welcome to all.

(Seventh and Grace streets). Rev. J. C. Szs-ozus, pastor.—Sunday services 11 A. M. and 8 P. M. Sunday-school at 9:30 A. M. Prayer-meeting every Wednesday at 7:45 P. M. Public of the property of the sunday at 7:45 P. M. Public cordially invited. NER Twenty-ninth and T streets. Rev. HENRY N. PETERS pastor.—Sunday services at 11 A. M. and 7:30 P. M. Sunday-school at 9:30 A. M.

FIRST ENGLISH LUTHERAN CHURCH

PER EVANGELICAL MISSION CHURCH (Mayo street near Broad, Rev. S. B. Giss. pastor.—Preaching and Holy Communion as it A. M., and preaching at 7:45 P. M. by Rev. Seth Ford. of the Baptist Church. Love foast at 3 P. M. conducted by Dr. Deval, of the Disciples Church. Sunday-school at 9:15 A. M. Strangers and the public generally invited to attend all these services. Scats free.

Seventh and Main streets.) Meetings of interest Sunday afternoon at 3 o'clock and 8 at night; also every night all through the week at 8 o'clock, conducted by Mrs. R. M. Grovan. A welcome to all.